

My Hands On You

Choreographer: Dwight Meessen – April 2017

Count: 32 / Wall: 4 / Level: Improver

Music: "Hands" by Macy Gray (album: The Way) 108 bpm

Intro: 16 counts

S:1 Side, Together, Chassé $\frac{1}{4}$ R, Pivot $\frac{1}{2}$ R, Cross Samba $\frac{1}{8}$ L

1-2 RF step side, LF together

3&4 RF step side, LF together, RF $\frac{1}{4}$ right step forward

5-6 LF step forward, L+R $\frac{1}{2}$ turn right

7&8 LF cross over, RF rock side, LF $\frac{1}{8}$ left recover [7.30]

S:2 Mod. Charleston, Jazz Box Cross $\frac{3}{8}$ R

1-4 RF step forward, LF sweep and point forward, LF step back, RF sweep and point back

5-8 RF cross over, LF $\frac{3}{8}$ right step back, RF step side, LF cross over [12]

S:3 Hinge $\frac{3}{4}$ L, Pivot $\frac{1}{2}$ L, Shuffle Fwd x2

1-2 RF $\frac{1}{4}$ left step back, LF $\frac{1}{2}$ left step forward

3-4 RF step forward, R+L $\frac{1}{2}$ turn left

5&6 RF step forward, LF step beside, RF step forward

7&8 LF step forward, RF step beside, LF step forward [9]

S:4 Shuffle $\frac{1}{2}$ L, Coaster, Out Out, Ball Cross, Unwind Full Turn R

1&2 RF $\frac{1}{4}$ left step side, LF step beside, RF $\frac{1}{4}$ left step back

3&4 LF step back, RF together, LF step forward

&5 RF step right forward (out), LF step side (out)

&6 RF step back to center on ball foot, LF cross over

7-8 R+L full turn right in 2 counts [3]

option 5-8: Jazz Box Cross

Start again