

La Linda

Count: 32

Wall: 4

Level: Improver

Choreographer: Dynamite Dot (UK)

Music: La Linda by Major Dundee

32 count intro starting just after vocals – 120 b.p.m.

(1 - 8) - R side shuffle/L fwd rock & L back rock/step 1/2 pivot R

1 & 2 3 4 Side shuffle to the right. Rock fwd on left, recover on right

5 6 7 8 Rock back on left, recover on right. Step left fwd, 1/2 pivot right

(9 - 16) - L fwd shuffle/shuffle 1/2 turn L/L coaster & walk R L

1 & 2 3 & 4 Left shuffle fwd. 1/2 turning shuffle left & fwd on R L R

5 & 6 7 8 Left coaster step. Walk fwd right and left

(17 - 24) - R rock recover back 1/2 turn L/ 1/2 pivot L/R shuffle fwd

1 2 3 4 Rock fwd right, recover on left. Step back right. 1/2 turn left stepping fwd on left

5 6 7 & 8 Right fwd, 1/2 pivot left. Right shuffle fwd

(25 - 32) - Side rock 1/4 turn R/L shuffle fwd/heel & heel & touch clap

1 2 3 & 4 Rock left to side. Recover on right making 1/4 turn right. Left shuffle fwd

5 & 6 & 7 8 R heel tap fwd. Left heel tap fwd. Right touch next to left. CLAP/ or just HOLD

Begin Again

And whatsoever you do - do it heartily. X